



Mrs. Nordquist's Classroom Expectations

Welcome to the 2018-2019 school year! My name is Angel Nordquist and I'm excited to have you/your student in my class! This is my 5th year at Sentinel and I'm sure it's going to be great.

Please review the class set-up and expectations. I am available via email (the easiest form of communication for me), or phone. I, of course, love to meet the supportive adults in my students' lives so stop in to say hi; if you need a little more time we can set up a meeting so I can give you my full

attention.

My schedule is as listed below. My classroom is #152, those classes with the * I am teaching with Mrs. Ashley House and we meet in her room, 167.

Monday, Tuesday, and Friday

Period 1, <i>Personal Social</i>	7:55 – 8:45
Period 2, <i>Prep</i>	8:50 – 9:40
Period 3, <i>Basic Art</i>	9:45 – 10:35
Period 4, <i>Basic (P.E.)</i>	10:40 – 11:30
LUNCH	11:30 – 12:15
Period 5, <i>Duty</i>	12:20 – 1:10
*Period 6 & 7, <i>Voc Prep 2</i>	1:15 – 2:05 & 2:10 – 3:00

Wednesday

Period 1, <i>Personal Social</i>	7:55 – 9:25
Period 3, <i>Basic Art</i>	9:35 – 11:05
LUNCH	11:05 – 11:45
Period 5, <i>Duty</i>	11:50 – 1:20
*Period 7, <i>Voc Prep 2</i>	1:30 – 3:00

Thursday

Period 2, <i>Prep</i>	7:55 – 9:25
Home Room	9:35 – 10:00
Period 4, <i>Basic (P.E.)</i>	10:05 – 11:35
LUNCH	11:35 – 12:20
*Period 6, <i>Voc Prep 2</i>	12:25 – 1:55

Basic Health Enhancement

In this class we will be completing approximately two-week units on a variety of sports activities. We also get the opportunity to swim once a month at the YMCA (a separate letter regarding swimming is coming home). Students will have access to the gym locker room and are asked to dress-out for P.E., like all other P.E. classes do. Students are provided the necessary accommodations to make games challenging, yet playable regardless of skill or ability. P.E. is also a great time to work on other skills like communication and relationship building. Each student is expected to participate, knowing the unit will not last forever. ☺

Classroom Expectations and Grading

- 1) **Arrive on time and be in your seat, prepared** (bring your class materials and a writing utensil), be ready to begin class at the time the bell rings.
- 2) **TRY! Participate.** I ask each student to participate in class activity and discussion. Each student is expected to try at tasks even when they may be challenging.
- 3) **Ask questions.** I am available to help when needed.
- 4) **Be respectful** to others, yourself, and myself. Listen when others are speaking, Hateful speech is not tolerated.

Cellphone/Electronics Policy

All electronic devices are to be put in the cellphone storage pockets, per school policy in every class. Students are allowed to use their devices before and after school, at lunch and during the five-minute passing period. IF they refuse the device will go to administration and will need to be picked up by a parent or guardian at the end of the school day. Cellphones are absolutely NOT allowed in locker rooms or restrooms at any time.

Work Completion and Absences:

I am willing to discuss and work out plans with students who are struggling to complete work. Work will be done in class, if students are using their time to work they will not have any homework.

Students are able to make up assignment for any absence that is excused (medical, bereavement, school-related, etc.). Students receive two days for one day missed, three for two days missed, and four days for three days missed. Anything following that, the student receives one school week (5 days) to complete missing assignments. Any assignment not completed during this timeframe will result in a 0. Makeup work for P.E. is 20 minutes of physical activity (game, exercise) outside of class. A parent can write a note that the student completed the activity.

Grading Policy

90-100%	A	Students may earn up to 25 daily points based on: Effort=10 points Sportsmanship=10 points Dressing out=5
80-89%	B	
70-79%	C	
60-69%	D	
0-59%	F	

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